

mour

BREAKFAST AND BRUNCH

Continental breakfast

seasonal fruit, pastries, breads,
preserves, cereals, homemade granola,
cold-pressed juice, tea or coffee

22

Mour breakfast

continental breakfast
and
choice of any savoury or sweet dish

33

SAVOURY

Full english	choice of eggs, bacon, cumberland sausage, grilled tomato, mushrooms, baked beans, sourdough	19
Vegetarian full english	vegetarian sausage, sautéed spinach, grilled tomato, mushrooms, baked beans, sourdough (v)	17
Eggs benedict	honey-roast ham, poached eggs, hollandaise sauce, english muffin	16
Eggs royale	smoked salmon, poached eggs, hollandaise sauce, english muffin	17
Eggs florentine	sautéed spinach, poached eggs, xigalo sitias pdo, dill, english muffin (v)	15
Turkish eggs	poached eggs, garlic yohgurt, chilli oil, sourdough (v) add nduja 3	16
Omlette	three eggs, choice of filling (ham, cheese, mushrooms, onions, spinach), sourdough	16
Avocado toast	lime, red chilli, mixed seeds sourdough (v) add two poached eggs 4.5	12

SWEET

Greek / coconut yohgurt	berries, homemade granola, honey (v / vg)	12
Ovenight oats	oat milk, berries, toasted seeds (vg)	12
French toast	brioche, vanilla cream with maple bacon and grand marnier caramel or berries and compote	15
American pancakes	blueberries, maple syrup (v)	13
Creamy porridge	choice of milk, berries, honey (v / vg)	12
Seasonal fruit plate		12

BAKERY

Toast	plain or seeded sourdough, butter, preserves	7.5
Pastries	ask for today's selection	

ADD

Peanut butter	2
Sourdough	plain or seeded 2.5
Egg	any style 3
Avocado / sautéed spinach / sautéed mushrooms / grilled tomato / baked beans	3.5
Sausage / bacon / nduja	4
Smoked salmon	6

COFFEE

French press	4
Espresso	3.5
Double espresso	4
Americano	4
Macchiato / cortado	4
Flat white / cappuccino / latte	5
Iced americano	4.5
Iced latte	5.5
Iced vanilla latte	6

TEA

A selection of teas and herbal infusions	3.5
Fresh mint tea	4
Homemade lemon ginger tea	6

MATCHA

Matcha latte	5.5
Iced matcha latte	6
Vanilla matcha	6.5
Coconut matcha	7

CHOCOLATE

Hot chocolate	5
Iced chocolate	5.5
Mocha	5.5

WELLNESS DRINKS

Cold Pressed Juice

Orange	6
Grapefruit	6
Seasonal apple	6
The harvest (beetroot, apple, carrot, lemon, ginger)	7
Immunity shot (ginger, turmeric, lemon, cayenne pepper)	4
Coconut water	5
Fix8 kombucha	6
Fix8 water kefir	6